Dissect your Research Question

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Class/Section: Rhet 105

Dissecting your research question helps you identify concepts or keywords to use as you search for information. It helps you identify what you already know, provides you with an opportunity to think about your research question in new ways, and identifies gaps in your knowledge.

This should be completed prior to beginning your initial database search in Academic Search Ultimate.

1. Write your initial research question in the space below and circle or underline the keywords or keyword phrases.

   How does physical activity effect the mental health of college students?

2. Write a separate keyword or keyword phrase in each box. Add alternative keywords or keyword phrases (think synonyms) for each of them.
You will use different combinations of these when you do your initial database searches for articles in Academic Search Ultimate.

   - **Keyword/keyword phrase and alternatives**
     - physical activity
     - exercise
     - running
     - stress
     - wellness
     - anxiety
     - college students
     - young adults
     - undergraduates
     - freshmen

3. Using the Find Articles Guide, list below subject areas that might provide additional information about your research question.
   For example: Medicine/Health, Business, Social Science, Psychology, etc.

<table>
<thead>
<tr>
<th>Subject area #1</th>
<th>Subject area #2</th>
<th>Subject area #3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kinesiology and Sports</td>
<td>Medicine and Health</td>
<td>Education</td>
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